

# Learning & Development

Corporate Groups • Universities • Apprenticeships • CPD

**2021 - 2022**

**PUSHING BOUNDARIES. OPENING MINDS**





# WELCOME TO Mount Cook

## Modern facilities in a stunning location

We are an independent outdoor education centre, established in 2016, dedicated to providing exceptional outdoor experiences that create lasting memories.

We are located in an area of outstanding beauty, with plenty of outdoor space, communal areas and accommodation for up to 180 people.

*We've also worked with...*





# Contents

---

1. About Us
3. Business Breaks
4. Bespoke Development Programmes
6. Our Centre
9. Your event; Tailored To You
12. Making A Booking



@mountcookcentre



@mountcookadventure



@MountCookCentre



## About us

We are based in Derbyshire, in the heart of the UK, which makes us easily accessible from most locations.

Since opening in the the Summer of 2016, we have welcomed over 30,000 individuals and continue to work with a variety of schools, groups, organisations and charities. Your booking will help us continue to make a difference to lives through access to the outdoors.



### Vision

To make a difference to people's lives through direct experience with the outdoors.



### Mission

To provide access to the outdoors and outdoor activities for all.



### Values

Exceeding Expectations  
Professional Throughout  
Everyone Valued

*Peak District*



MOUNT COOK



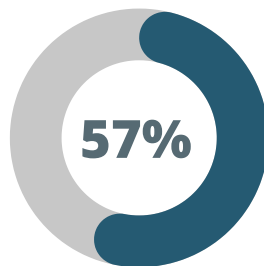
# Your team building experience

We provide experiences tailored to your needs, whether you are looking for ongoing professional development or a fun team bonding experience.

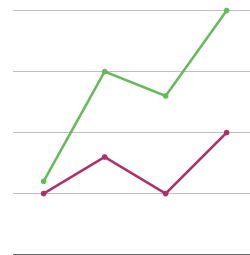
The main benefit of removing the team from their usual work environment is to build trust among work colleagues. This has the knock-on effect of improving communication and morale, and revealing strengths and leadership qualities.

**Building trust**  
**Improving morale**  
**Better communication**  
**Uncover leadership qualities**  
**Identify strengths**

Taking your team out of their usual work routine will reveal qualities they previously didn't realise they had.



57% of employees said working effectively with a team increased their efficiency.\*



Companies with highly engaged employees achieve twice the net annual income of companies whose employees are less engaged.\*\*

\*Teamwork and employee's morale for business, Dr. D. Sakthivel

\*\*The impact of Employee Engagement, Kenexa Research Institute



**£182.00 pp\***

**\*includes meeting room and  
en suite accommodation**

Below is an sample of a Mount Cook Business Break which is designed to help you re-engage with your team whilst encouraging them to think outside the box and work together.

If your team works remotely, this programme will focus on the quick development of relationships, communication and trust as well as having fun.

## Day 1

- 0900** Arrival + welcome
- 0930** Activity Session: High Ropes
- 1230** Lunch + Break
- 1330** Activity Session: Archery Tag & Orienteering
- 1645** Tea & Coffee break + check into rooms
- 1730** Dinner + Bar Opens

## Day 2

- 0830** Breakfast
- 0930** Activity Session: Low Ropes + Zip Wire
- 1230** Lunch + Break
- 1330** Activity Session: Bush craft + Team Challenges
- 1630** Tea & Coffee break + Departure





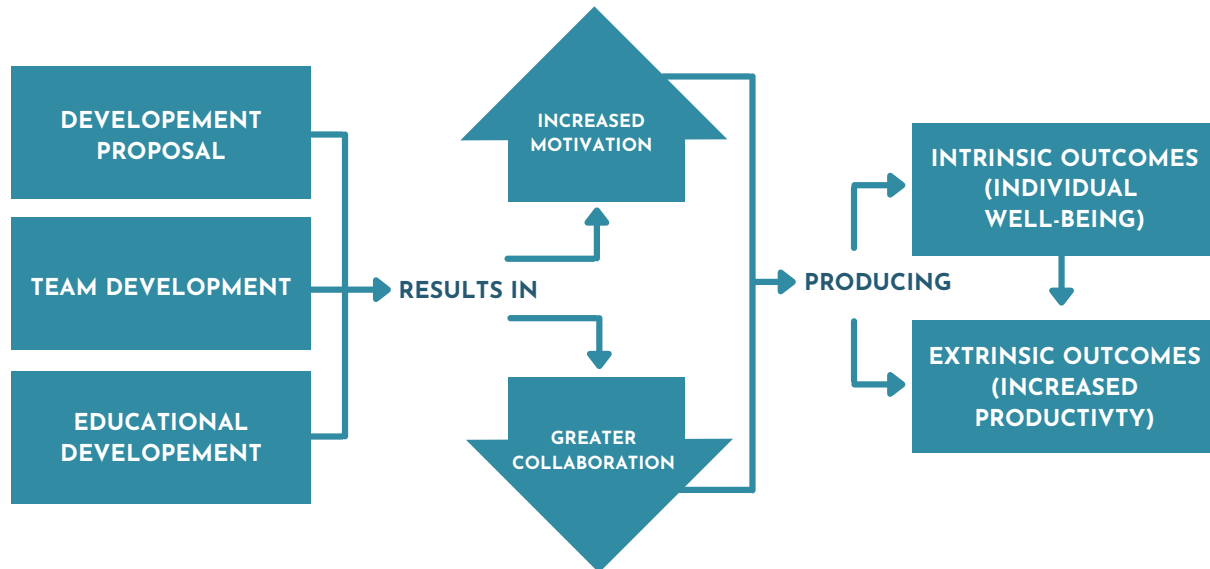
# Bespoke development programmes

If you're running an apprenticeship or graduate programme or taking your team on a retreat, an action packed event with plenty of dynamic activities and in-depth review can be hugely beneficial.

Organisations will have the opportunity to set their own learning outcomes with us, and through facilitated review we will ensure participants reflect on what they have accomplished during their experience.

Your team will be able to identify their strengths and weaknesses as individuals and as a unit while they improve their communication skills and build trust amongst co-workers.

## THE LEARNING APPROACH





“Spotless centre. Clean,  
tidy and fresh.”

- Nottingham University Hospital



# Our Centre

---

Built for purpose in 2016, our centre is the perfect base for exploring the surrounding countryside of the Peak District. We have been able to design the building to best fit our purpose, which provides us with a large, functional space. XXXWELLBEINGXXX



TAKE A TOUR

*See for yourself!*

Hold a smartphone camera up to this QR code and take a virtual tour around our wonderful centre. Check out the inside of our bedrooms and explore our communal spaces.

## Our Green Ethos

---

We are proud to create our own light, heating and warm water using our own photovoltaic solar panels. We also offer our guests electric car charging.



## Our Spaces

We offer meeting spaces set in a stunning location, away from the hustle and bustle of daily life. Our flexible and versatile rooms offer modern facilities appropriate for all occasions.



### **Small Hall** **Seats approx 18 theatre style**

This perfect small conference space comes equipped with its own overhead projector.



### **The Tipi** **Seats approx 30 theatre style**

Our quirky Tipi is available in summer and spring, and is the perfect location for debriefs and reviews.



The image shows a bright, modern dining hall with a high ceiling featuring a grid of white and light pink beams. Several white cylindrical pillars support the structure. In the background, a bar area is visible with a colorful geometric pattern of triangles in blue, yellow, and purple. The foreground and middle ground are filled with wooden tables and benches; some benches have red seats, while others have blue seats. A small vase with blue flowers sits on one of the tables. Large windows on the right side provide natural light.

## **Main Dining Hall**

### **Seats max 120**

This space has a licensed bar,  
bluetooth speaker system  
microphone, screen and projector

# Your event; tailored to you

---



## Activity programme

Choose from a variety of activities to create the perfect event for your team. We can cater for all skill and ability levels.



## Catering

We serve breakfast, lunch and dinner, and can cater for all dietary requirements when informed in advance.





## Accommodation

Our centre sleeps up to 180 people in en-suite bedrooms, cosy Glamping Pods, and accessible bedrooms.



## Trip Coordination

You will be allocated a trip coordinator who will help assist with all the administration up until your trip and beyond.



*Your day your way ~ let us know if you have any special requests!*



# Making a Booking

“Excellent communication whilst organising event. The Mount Cook staff did everything they could to ensure our trip ran smoothly.”

- Mitre Group

## Reserve your space

When you are ready to progress with a booking, these are the next steps:

- Enquire about availability for your group
- Confirm dates with one of our sales team
- Place your dates on hold

## After you have picked your dates

We can hold your dates for a maximum of 2 weeks without a deposit.

When you are ready to confirm your booking, please let us know and we will confirm your booking.

You will then be introduced to your booking coordinator, who will be on hand to help you with all the planning all the detail of your event.

If you would like to make a booking, or just speak to one of our friendly team to find out more, please get in touch today.

**01629 823 702**

**[explore@mountcook.uk](mailto:explore@mountcook.uk)**

*We'd love to hear from you!* 

Mount Cook Adventure Centre  
Porter Lane  
Middleton-by-Wirksworth  
Matlock  
DE4 4LS

01629 823 702

[explore@mountcook.uk](mailto:explore@mountcook.uk)

[www.mountcook.uk](http://www.mountcook.uk)

# Pushing Boundaries Opening Minds

Making a difference to peoples lives through direct  
experience with the outdoors

