Mount Cook

ADVENTURE CENTRE

Badge Groups

Eco Explorers

We offer a wide range of activities which are designed to reconnect children with the great outdoors, develop their understanding of local wildlife and plant species and teach them vital survival skills. These activities include:

Bush Craft

Experience a variety of survival skills including knife skills, learning how to tie a variety of knots and campfire gadgetry.

Shelter Construction

Work as a team to create a shelter made from materials found in our woodland area. Which design will be most effective?

Campfire

Collect wood and build a campfire using traditional fire-lighting techniques, then try some backwoods cookery.

Helps towards the following badges:

BROWNIES

SKILL BUILDERS: CAMP STAGE 2

CUBS

PIONEER ACTIVITY BADGE

GUIDES

INTEREST
BADGES:
BACKWOODS
COOKING

SCOUTS

OUR
OUTDOOR
CHALLENGE
AWARD



Navigation Experts

Learning how to read a map and use a compass are important life skills! Our navigation activities are fun, informative and exciting, and can be tailored for children aged 6 and over.

Our navigation activities include:

Map Reading

Develop your group's understanding of maps! Learn about map colours and common symbols used on an orienteering map.

Countryside Code

Find out how to keep you, others, animals and the natural landscape safe, using the Countryside Code.

Orienteering

Our orienteering sessions can be delivered at Mount Cook, or a Black Rock which is a 10 minute walk from our Centre. Learn how to orientate a map, using either terrain or a compass.

Helps towards the following badges:

SCOUTS BROWNIES CUBS GUIDES SKILL INTEREST PIONEER ORIENTEER BUILDERS: BADGES: ACTIVITY ACTIVITY EXPLORE NAVIGATOR BADGE BADGE STAGE 2



Go all starry-eyed for all things astronomy, galactic and space! Derbyshire is the ideal location for star-gazing as there is very little light pollution. Activities include:

Star Gazing

Join us on the Centre's roof to identify some constellations using our telescope! How many will you spot?

Planetary Walk

Go on a Night Walk along the High Peak Trail, and discover the physical distance between each each planet within the solar system.

Star Disc

Visit Wirksworth's impressive Star Disc which mirrors the Northern Hemisphere's night sky. The surface of the Star Disc is inscribed with constellations, their names and a depiction of the Milky Way.

Helps towards the following badges:

SCOUTS BROWNIES CUBS GUIDES INTEREST **INTEREST ASTRONOMER ASTRONOMER BADGES: BADGES**: **ACTIVITY ACTIVITY GO FOR IT! SPACE BADGE BADGE SPACE**