



WELCOME TO THE  
PEAK DISTRICT





We are a not for profit adventure centre based just outside the Peak District National Park in Derbyshire.

WE HAVE A MISSION TO PROVIDE ACCESS TO THE OUTDOORS FOR ALL, ESPECIALLY THE YOUNG AND THOSE WHO WOULD NOT OTHERWISE HAVE THE OPPORTUNITY.

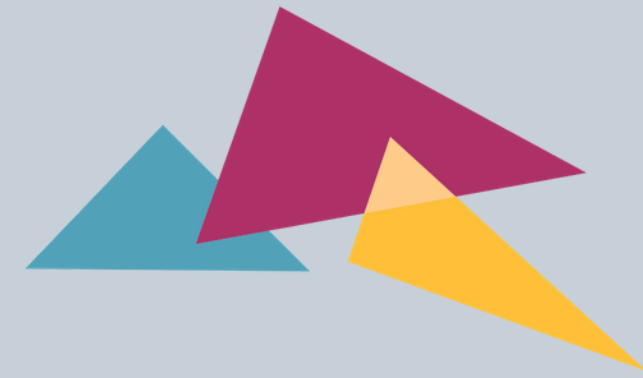
# ABOUT US

**Est. 2016**

We design educational outdoor trips for a variety of groups, focusing on developing individual learning, team work and resilience.



# ARCHERY AND ARCHERY TAG



A dodgeball style archery game around an inflatable course.

Learn how to consistently hit a target from 10+ metres away.







# ROOFTOP ZIP WIRE

Reach speeds of 40pmh on our 100 metre long rooftop zipwire.

# INITIATIVE EXERCISES

Increase teamwork and lateral thinking with these tasks.





# LAND KARTS

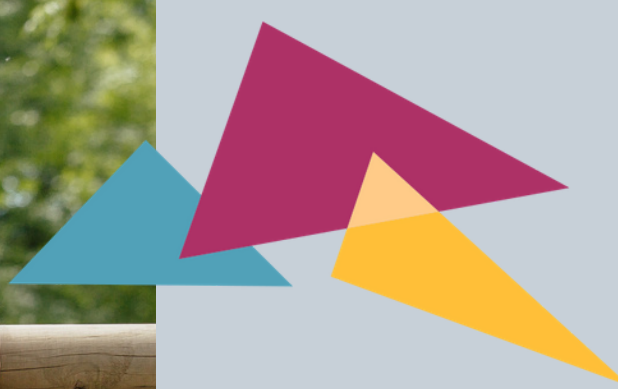
Work together to build and race our land karts!



# OFFSITE ORIENTEERING

Explore our stunning surroundings and learn navigation techniques on the offsite black rock orienteering course!





# HIGH ROPES

Our 40ft High Ropes Tower is perfect for team building! with 5 sections to complete, this is the perfect activity for building confidence and developing communication skills.







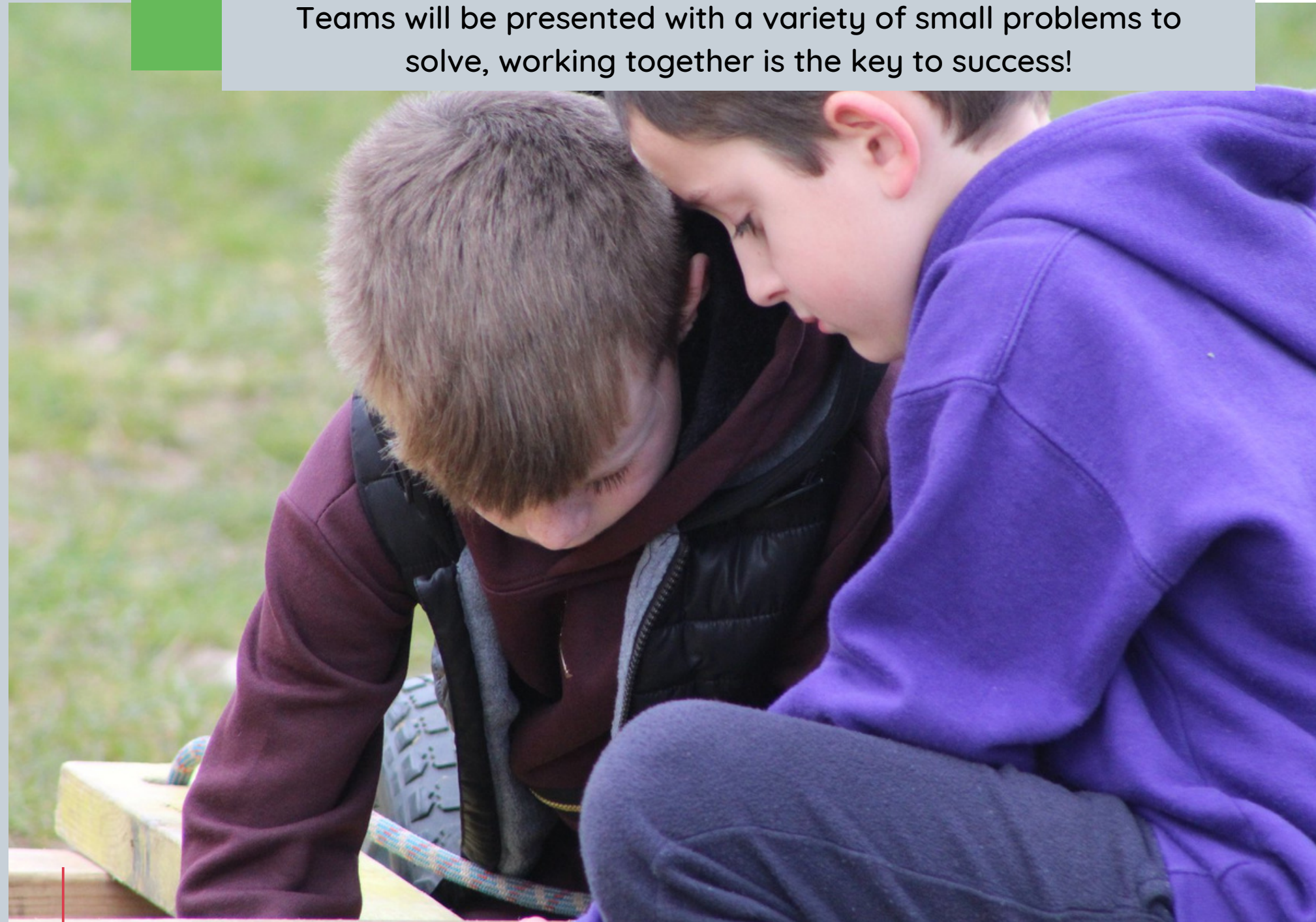
Our indoor climbing wall is the perfect location to become familiar with climbing techniques and belaying.

# INDOOR CLIMBING WALL

# PROBLEM SOLVING

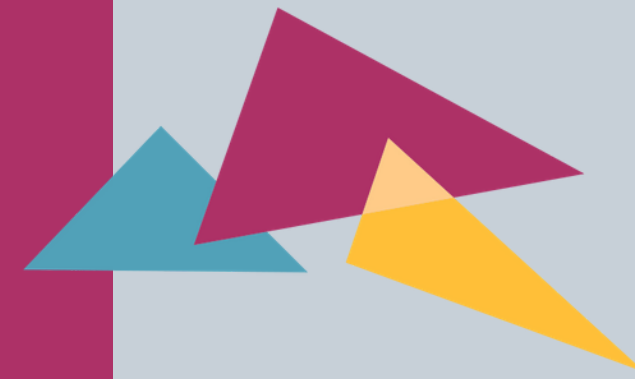


Teams will be presented with a variety of small problems to solve, working together is the key to success!





# GAME OF TRIBES



A points based map challenge where teams will have to complete mini challenges in a variety of locations.



Our highly trained staff will lead survival sessions on fire lighting techniques, plant identification and shelter construction.

# BUSHCRAFT





# TEAM CHALLENGES

Large team games to get everyone warmed up, working and thinking together towards a shared goal.



Explore our stunning surroundings and learn navigation techniques on the offsite black rock orienteering course!

## OFFSITE ORIENTEERING



# ROCKET BUILDING

Construct the safest rocket possible in order to protect your egg from it's landing back from orbit.







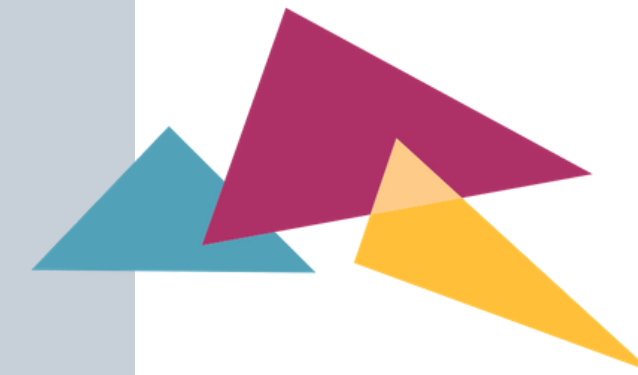
# CAMPFIRE

The best way to reflect on the days activities and enjoy a few marshmallows together.



# CANOEING

Take adventure to the water and have a paddle in a canadian canoe! Carsington Water is only a few miles from the centre.





# ROCK CLIMBING AND ABSEILING

Challenge the heights of our fantastic local rock features with a combined rock climbing and abseiling session!





# RAFT

# BUILDING

Teams work together to create a raft from a selection of materials, prepare to get a big soggy.





# CAVING

The Peak District has fantastic old caves and mines that are perfect for exploring. Learn about the industrial history of the area too!



ALL OF OUR OFFSITE ACTIVITIES ARE  
DELIVERED BY OUR PARTNERS  
ACCLIMBATIZE WHO HOLD AN AALA LICENSE



# ACCOMMODATION



## STANDARD ENSUITE



FOUR PER ROOM, ALL BEDDING INCLUDED, ENSUITE BATHROOM AND LOCKERS IN EVERY ROOM

## ACCESSIBLE



TWO ACCESSIBLE ROOMS, FULL ENSUITE WETROOM FACILITIES, GROUND FLOOR LEVEL ACCESS



# ACCOMMODATION



## GLAMPING PODS



FOUR PER GLAMPING POD, TOILET AND COLD WATER BASIN  
INSIDE, RADIATORS AND USB CHARGE POINTS INSIDE



# CATERING



## BREAKFAST

Cereal, Croissants, Toast & Preserves  
Fruit & Yoghurts  
Bacon/Sausage, Hash Browns, Beans & Egg  
Apple & Orange Juice

## LUNCH

A Sandwich with a selection of fillings,  
Variety of crisps, Fruit,  
A sweet treat such as Flapjack  
Fruit Squash & Water

\*During the winter months we offer a hot  
lunch every other day.

We aim to cater for all dietary requirements. We  
request group information prior to your arrival.

## DINNER

### Monday

Chicken tikka masala or  
mushroom stroganoff  
served with rice & naan  
bread

Apple crumble & custard

### Tuesday

Cumberland or vegetarian  
sausages, served with roast  
potatoes, vegetables &  
gravy

Ice cream & fruits of the  
forest

### Wednesday

Margherita pizza or  
battered cod served with  
chips and mushy peas

Sticky toffee pudding &  
custard

### Thursday

Beef or vegetarian pasta  
bolognese served with  
garlic bread

Chocolate fudge cake

A full salad bar & Jacket potatoes with a selection of fillings are  
available every evening.



# Our Mission



**CAMHS**  
Child & Adolescent Mental Health Services





# YOUR ADVENTURE BEGINS HERE...



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